



# Hailer Training RPL Explanation Guide

Element	Evidence of the ability to demonstrate competency in this unit
1. Respond to an emergency situation	1.1 Recognise an emergency situation 1.2 Identify, assess and minimise immediate hazards to health and safety of self and others 1.3 Assess the casualty and recognise the need for CPR 1.4 Seek assistance from emergency response services
2. Apply appropriate first aid procedures	2.1 Perform cardiopulmonary resuscitation (CPR) 2.2 Provide first aid in accordance with established first aid principles 2.3 Display respectful behaviour towards casualty 2.4 Obtain consent from casualty where possible 2.5 Use available resources and equipment to make the casualty as comfortable as possible 2.6 Operate first aid equipment according to manufacturer's instructions 2.7 Monitor the casualty's condition and respond in accordance with first aid principles
3. Communicate details of the incident	3.1 Accurately convey incident details to emergency response services 3.2 Report details of incident to workplace supervisor as appropriate 3.3 Maintain confidentiality of records and information in line with statutory and/or organisational policies
4. Evaluate own performance	4.1 Recognise the possible psychological impacts on self and other rescuers involved in critical incidents 4.2 Participate in debriefing to address individual needs

## Performance Evidence – what the student needs to be able to provide evidence of achievement

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be demonstrated evidence that the candidate has completed the following tasks at least once in line with state/territory regulations, first aid codes of practice, Australian Resuscitation Council (ARC) guidelines and workplace procedures:

- conducted a hazard assessment and identified strategies to minimise risk

- demonstrated safe manual handling techniques

- assessed airway, breathing and responsiveness of casualty

- performed at least four minutes of uninterrupted CPR on both an infant resuscitation manikin and an adult resuscitation manikin placed on the floor, demonstrating the following techniques on each:

  - checking for response and normal breathing

  - recognising abnormal breathing

  - opening and clearing the airway

  - using correct hand location, compression depth rate in line with the ARC recommended ratio of compressions and ventilations

  - acting in the event of regurgitation or vomiting

  - following single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions

- followed the prompts of an Automated External Defibrillator (AED)

- conducted a verbal secondary survey

- applied first aid procedures for the following:

  - allergic reactions

anaphylaxis  
asthma  
basic wound care  
severe bleeding  
burns  
cardiac arrest  
choking and airway obstruction  
convulsions  
envenomation (using pressure immobilisation)  
fractures, sprains and strains (using arm slings, roller bandages or other appropriate immobilisation techniques)  
poisoning  
respiratory distress  
shock  
provided an accurate verbal report of the incident  
responded to at least two simulated emergency scenarios contextualised to the candidate's workplace/community setting.

## Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

state/territory regulations, first aid codes of practice and workplace procedures including:

- ARC Guidelines relevant to provision of CPR and first aid
- safe work practices to minimise risks and potential hazards
- infection control principles and procedures, including use of standard precautions
- requirements for currency of skill and knowledge

legal, workplace and community considerations including:

- need for stress-management techniques and available support following an emergency situation
- duty of care requirements
- respectful behaviour towards a casualty
- own skills and limitations
- consent
- privacy and confidentiality requirements
- importance of debriefing

considerations when providing first aid including:

- airway obstruction due to body position
- appropriate duration and cessation of CPR
- appropriate use of an AED
- standard precautions and infection control

principles and procedures for first aid management of the following scenarios:

- abdominal injuries
- allergic reactions
- anaphylaxis
- bleeding control
- burns
- cardiac conditions
- choking and airway obstruction
- cold and crush injuries

diabetes  
dislocations  
drowning  
envenomation  
environmental impact (including hypothermia, hyperthermia, dehydration and heat stroke)  
epilepsy  
eye and ear injuries  
fractures  
head, neck and spinal injuries  
minor skin injuries  
needle stick injuries  
poisoning and toxic substances  
respiratory distress, including asthma and other respiratory conditions  
seizures  
severe allergic and anaphylactic reactions  
shock  
soft tissue injuries  
unconsciousness, abnormal breathing or not breathing  
basic anatomy and physiology relating to:  
absence of normal breathing  
anatomy of the external chest  
physiology relating to response/consciousness  
upper airway anatomy and effect of positional change  
anatomy and physiology considerations in provision of first aid for specified conditions

### **Assessment Conditions**

Skills must be demonstrated working individually:

in an environment that provides realistic in-depth, industry-validated scenarios and simulations to enable assessment of candidates' skills and knowledge.

Assessment resources must include:

adult and infant resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures

first aid equipment including

- roller bandages

- triangular bandages cloth

- trauma dressings

- placebo bronchodilator and spacer device

- adrenalin auto-injector training device

- an AED training device

- emergency rescue blanket

- workplace first aid kit.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.